



VENOUS INSUFFICIENCY STUDY

You have been scheduled for a venous insufficiency study. Please follow these simple instructions to benefit your test outcome:

1. We only do this test in the **afternoon**. You can eat regularly.
2. Please wear comfortable clothes.
3. Please **stay hydrated** throughout the day of your test. Drink a little water than you normally would. (**NO** caffeine or alcohol beverages)
4. If you are prescribed **Lasix (or any type of diuretics)** please **do not take** the day of your test.
5. Please try to stay semi-active the morning of your test. Walk around as much as possible – but **do not overdo it!**
6. If you regularly wear compression stockings – **DO NOT wear** your stockings after midnight the day of your test.
7. Please arrive at the office **15 minutes before** your scheduled test time. This enables the tech to get everything ready for you in a timely manner.
8. Your ordering doctor will call you with your results.
9. If you are unable to make your test time, please call our office at **972-985-8838** to reschedule at least **48 hours** before.

THANK YOU!